

## **PSY 206: HUMAN FEEDING BEHAVIOR & EATING DISORDERS**

### **Dr. Emily Fox-Kales**

Office: 233 Nightingale Hall

Office Hours: M/Th 3-4 & by appointment

Telephone: ext. 3389; (781) 643-7977 (voicemail)

E-mail: [efkales@comcast.net](mailto:efkales@comcast.net)

T.A. **Tricia Esdaille** (380 Nightingale)

Office Hours: Tu 12-1pm & Th 1:30-2:30pm

E-mail: [esdaille.t@neu.edu](mailto:esdaille.t@neu.edu)

### ***Content:***

This course will first present description, identification, and etiology of anorexia, bulimia, and obesity, followed by discussion of the psycho-social and developmental factors (sexuality, body image, family, dynamics) leading to their emergence as major health concerns. The second half of the course will examine recent biochemical and behavioral research on eating disorders. It will conclude with study of the clinical aspects of the field, including diagnosis, treatment, and prevention.

### ***Course Requirements:***

Class lectures, films, and selected readings will provide course content. **Grades** are based on an objective quiz (20%); midterm essay examination (30%); and comprehensive final examination (45%) held during final exam week, in addition to class participation and attendance(5%). Unexcused absences will result in grade penalty. Review sessions and study guides will be provided prior to examinations. *There will be no make-up exams. Pass/Fail is discouraged.* In addition, students may earn extra-credit points through oral reports and class projects on selected topics throughout the semester.

### ***Required Texts:***

Goodman, W.C. *Invisible Woman: Confronting weight prejudice in America.* ( Gurze Books, 1995.

Keel, P. *Eating Disorders: New Directions in Treatment*, 2005.

Fairburn & Brownell. *Eating Disorders & Obesity*, 2<sup>nd</sup> edition. (on reserve in Snell Library)

### ***Policies/Protocol:***

If you must leave before class officially ends, please inform us in advance. *Turn off all cell phones & pagers before entering class.* Refer excused absences and late arrivals to the T.A. Appropriate e-mail communication will be answered ASAP, week-ends excluded.

Students with disabilities who need classroom or academic accommodations should see me as soon as possible.

